Want to learn more?

- Attend an orientation
- Stop by the chaplain table in the Sunday courtyard for a prayer
- Contact Prayer Chaplain Director Sheri Rain at (916) 448-6508 ext. 1118 or srain@slcworld.org

"Let me remember that prayer does not change God—prayer changes me."
- Charles Fillmore, co-founder of Unity

Spiritual Life Center

2201 Park Towne Circle, Sacramento, CA 95825
(916) 448.6508 www.slcworld.org

Prayer Chaplains

Spiritual Life Center's Voices of Prayer

Are you being called to the Prayer Chaplain program?

You are invited to explore the role of prayer in your life and in our spiritual community. Join us at one of the chaplain orientation sessions:

Sunday, Sept. 27, at 10:30 a.m.
Tuesday, Sept. 29, at 6:30 p.m.

The orientation sessions are an opportunity to learn more, ask questions and see if this is the year for your prayer life to be transformed!

Discover the Prayer Chaplain ministry

What is a Prayer Chaplain? The role of an SLC Prayer Chaplain is, quite simply, to pray. Chaplains are not counselors or advice-givers. The core commitment is to:

- Hold sacred space
- Lovingly listen
- Pray from the heart
- Hold in confidence what is shared

Time commitment: Prayer Chaplains make a one-year commitment to provide the following services:

- Maintain a personal prayer practice
- Be "in service" at three services each month
- Complete wellness calls once a month
- Attend prayer chaplain training once a month
- Hold the congregation in prayer
- Optional: occasionally provide home or hospital visits to congregants

Membership: Prayer Chaplains are required to be members of Spiritual Life Center, and be of support to our spiritual community.

Please arrange your personal calendar to include one chaplain orientation session and all dates listed below, as attendance is mandatory to become a prayer chaplain.

Personal interview: A 15-minute interview with a Prayer Chaplain representative will be scheduled before new chaplain training.

New chaplain training: Friday, April 24, 6 p.m. to 9 p.m., Saturday, April 25, 9 a.m. to 5 p.m. **AND** Monday, April 27 6:30 p.m. to 9:30 p.m.

Wellness call training: Prayer chaplains reach out to congregants with monthly Wellness Prayer Calls. Training is Sunday, June 7, 1:00 to 5:00 p.m.

World Day of Prayer: Wednesday night service, September 10, 5:30 p.m. to 9:00 p.m.

Prayer Chaplain dedication: Sunday, May 31, at the 11 a.m. service

Prayer Chaplain retreat: Prayer Chaplains attend an annual retreat to deepen into prayer, strengthen our prayer practice and connect with each other. Date to be determined for 2021.

Q Process: To strengthen our foundation of a compassionate and allowing approach to self and others, chaplains must complete Q Process training within their first year of chaplaincy, if not already taken. Classes will be offered throughout 2020.

Training and material costs: Cost varies dependent on materials purchased. Materials include: manual, reference book, stole, and name tag.

Scholarship applications are available upon request.